



California Department of Health Services  
Refugee Health Section  
Presents

# *Building Bridges and Improving Health*

A Training Seminar on  
Female Circumcision/FGM  
for Health Care Providers

Conducted by  
**RAINBQ**

Research, Action & Information Network for  
Bodily Integrity of Women

**San Jose:** Hyatt San Jose - Airport  
**Monday** 1740 North First Street  
**June 19, 2000** San Jose, CA 95112  
(408) 993-1234

**San Diego:** Four Points Hotel  
**Wednesday** Sheraton San Diego  
**June 21, 2000** 8110 Arco Drive  
San Diego, CA 92123  
(858) 277-8888

**Los Angeles:** Crowne Plaza  
**Thursday** Los Angeles Airport  
**June 22, 2000** 5985 West Century Boulevard  
Los Angeles, CA 90045-5463  
(310) 642-7500

## *Training Description*

Female circumcision, often called FGM (FC/FGM), and its emerging issues are an added challenge faced by health care providers in this country.

This one day training is designed for:

- ◆ Nurses      ◆ Family Practitioners
- ◆ Ob/Gyns    ◆ Nurse-Midwives
- ◆ Residents   ◆ Hospital-based Social Workers

This training will address the clinical, cultural, ethical, and legal concerns for health care providers. Participants will deepen their understanding of the complexity of this practice, and will be given strategies that can be used to address some of the emerging challenges.

## *Educational Objectives*



At the conclusion of this training, participants will be able to:

- ✍ Describe and recognize the types of FC/FGM.
- ✍ List countries where FC/FGM is commonly practiced, and estimate prevalence rates by country.
- ✍ Discuss the complexity of the practice of FC/FGM, and begin to frame their own ethical beliefs regarding FC/FGM and services he/she would provide, including reinfibulation.
- ✍ Discuss antepartal management and counseling of circumcised women.
- ✍ Describe the diagnosis and treatment of gynecological complaints related to FC/FGM.
- ✍ Discuss the Federal and State laws regarding FC/FGM, their legal obligations, and consequences for health care providers.
- ✍ Discuss possible strategies for dealing with language differences of refugee women, particularly concerning FC/FGM.

## Agenda

- 8:30-9:15 Registration and Pre-Test  
 9:15-9:20 Welcome & Introduction  
 Laura Hardcastle, Mary Hawkins, MPH  
 Virginia Jackson, RN, MSN, CNM  
 9:20-9:30 Warm-Up/Ice Breaker  
 Nahid Toubia, MD  
 9:30-10:30 Background Information  
 Nawal Nour, MD, MPH  
 10:30-11:00 "Rights of Passage" Video & Discussion  
 11:00-11:15 Break  
 11:15-12:45 Clinical Management of FC/FGM  
 Nawal Nour, MD, MPH,  
 Virginia Jackson, RN, MSN, CNM  
 12:45-1:45 Lunch  
 1:45-2:15 Legal Considerations - To be invited  
 2:15-2:30 Q&A  
 2:30-3:15 Cultural Competency  
 Nahid Toubia, MD  
 3:15-3:30 Break  
 3:30-4:00 Targeted Groups  
 Nahid Toubia, MD  
 4:00-4:15 Q&A  
 4:15-4:45 Concluding Remarks  
 4:45-5:00 Post-Test, Evaluation, Adjourn

For more information about the training, contact Mary Hawkins at:

 (916) 445-4425  
 mhawkin3@dhs.ca.gov

For an additional brochure, visit the Upcoming Events section of the Refugee Health Section web site at:

[www.dhs.ca.gov/ps/dcdc/RefugeeHealth/index.htm](http://www.dhs.ca.gov/ps/dcdc/RefugeeHealth/index.htm)

## Course Facilitators

**Nahid Toubia, MD**, President and Founder of **RAINBQ** and author of "Caring for Women with Circumcision: A Technical Manual for Health Care Providers."

**Nawal Nour, MD, MPH**, Director of Obstetric Resident Clinic at Brigham & Womens Hospital. She is the founder of African Women's Health Initiative, the first clinic in the United States to provide services for circumcised women.

**Virginia Jackson, RN, MSN, CMN**, Consultant at **RAINBQ**, former Director of Midwifery, Lincoln Medical Center and Mental Health Hospital.

**Raqiya Haji Dualeh Abdalla, MA**, Community Advisor and former Vice Minister of Health for Somalia.

**RAINBQ**

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 Telephone: (212) 477-3318 Fax: (212) 477-4154  
 Web Site: <http://www.rainbo.org>  
 E-Mail: [info@rainbo.org](mailto:info@rainbo.org)

## Continuing Education Credits

This is an activity offered by, the **California Department of Health Services**, a CMA accredited provider. Physicians attending this course may report up to 6 hours of Category 1 credits toward the California Medical Association's Certification in Continuing Medical Education and the American Medical Association's Physician's Recognition Award.

The **California Department of Health Services** is approved as a provider of continuing education by the State Board of Registered Nursing, Provider #00584. This course has been approved for 6.9 nursing contact hours.

There is a \$30 fee for the continuing education credits, which is to be paid at the training site.

## Registration Form

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Fax: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Special Needs - Dietary/Disability: \_\_\_\_\_





(Please provide no later than Friday, June 9, 2000.)

I will be attending in:

- ☐ San Jose, Monday, June 19, 2000  
☐ San Diego, Wednesday, June 21, 2000  
☐ Los Angeles, Thursday, June 22, 2000

☐ I will be requesting continuing education credits.

**Registration Deadline: Friday, June 9, 2000**

-  There is no registration fee.  
 Continuing education fee: \$30 (pay on site)  
 Lunch: \$15 (pay on site)  
 Space is limited to 55 per location.

 **Mail or fax registration form to:**

California Department of Health Services  
 Refugee Health Section  
 P. O. Box 9427342, MS 508  
 Sacramento, CA 94234-7320  
 Fax: (916) 324-0050